

## ABSTRACT OF THE DISCLOSURE

A method for producing an elongate hollow member that includes a laterally protruding mounting component, the mounting component is formed from the hollow member. For this purpose the latter, at a point about a horizontal axis intersecting the central longitudinal axis of the hollow component at an angle of approximately  $45^\circ$ , is bent upwards or downwards at an angle of approximately  $90^\circ$ , such that the bent section projects transversely in relation to the longitudinal extent of the remainder of the component. The lateral projection of the bent section is then angled at an offset height in relation to the remainder of the component to form the mounting component.